The High Holidays

Rosh Hashanah Evening and Day





Machar The Washington Congregation for Secular Humanistic Judaism

"In each era of ancient Jewish history festivals were created which were bound up with the ideas, the emotions, and the conceptions of the Jews of that particular era. It was not necessary to create new holidays. The old festivals were altered and re-created, a new spiritual content was poured into them and they became new institutions."

Havim Schauss, The Jewish Festivals

Revised 2020

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Rosh Hashanah Evening – עֶרֶב רֹאשׁ הַשָּׁנָה

Welcoming One Another

Leader:

Welcome all! Shabbat shalom – and shanah tovah! We've come together for the Jewish new year, which this year coincides with Shabbat: a chance to renew ourselves for the week and for the year to come.

In some ways, it's odd that Rosh Hashanah and Shabbat should fall on the same day. Isn't Shabbat supposed to be a chance to separate from work and from the concerns of life? But in their core, Rosh Hashanah and Shabbat offer us exactly that chance: they break us from the *everyday* concerns of life, and ask us to think bigger.

And so, thank you for joining us to grapple with – to work on! – our selves, our expectations, and our shortcomings over the prior year.

Will You Seek

(Walt Whitman)

Reader:

Will you seek afar off? you surely come back at last. In all things best known to you, finding the best, or as good as the best...

Happiness, knowledge, not in another place, but this place – not for another hour, but this hour.

As we come together in community, we welcome those who are new to us and those who are joining us for the first time – here, at this hour.

Song: Hinei Mah Tov ("Behold, How Good!") / הְנֵה מַה-טוֹב

(Adapted from the traditional text of Psalm 133:1)

Hinei mah-tov u-mah na'im shevet amim gam yachad.

הְנֵּה מַה-טּוֹב וּמַה נָּעִים שֶׁבֶת עַמִּים גַּם-יַחַד. See how good it is – how pleasant – when peoples dwell together.

Leader:

Because we are all in the same virtual space, but not the same physical place, we can't simply turn to a neighbor to wish them a sweet new year. Instead, please take a few moments to greet one another in a breakout room. If you're new to our celebrations, please introduce yourself – and if you've been with us before, welcome our newcomers!

Breakout Discussion

<u> Welcoming Shabbat – Kabbalat Shabbat (קבלת שׁבּת)</u>

Leader:

As we mark Rosh Hashanah and Shabbat's beginning through *Kabbalat Shabbat* – receiving or welcoming Shabbat – we greet Shabbat and each other through a a song of welcoming inspired by medieval Jewish mystics.

Song: Shalom Aleichem / שַׁלוֹם עֲלֵיכֶם

(Adapted from the traditional text by Rabbi Jeffrey Falick and Rabbi Peter Schweitzer)

Shalom aleikhem, ohavei ha-shalom, shomrei shalom.
Shalom aleikhem, rod'fei ha-shalom, shalom aleikhem.
Bo'akhem l'shalom, ohavei ha-shalom, tzet'khem l'shalom.
Mi-yom zeh la-yamim ha-ba'im, shalom aleikhem.

שָׁלוֹם עֲלֵיכֶם, אוֹהֲבֵי הַשָּׁלוֹם, שׁוֹמְרֵי שָׁלוֹם. שָׁלוֹם עֲלֵיכֶם, רוֹדְפֵי הַשָּׁלוֹם, שָׁלוֹם עֲלֵיכֶם. בּוֹאֲכֶם לְשָׁלוֹם, אוֹהֲבֵי הַשָּׁלוֹם, צֵאתְכֶם לְשָׁלוֹם. מִיּוֹם זֶה לַיָּמִים הַבָּאִים, שָׁלוֹם עַלֵיכֵם.

Peace to you, who love peace – keepers of peace.

Peace to you, pursuers of peace – peace to you.

Come in peace, you who love peace – and depart in peace.

From this day and in all the days to come, peace to you.

Leader:

It is customary on Shabbat evenings to include readings that reflect on the marvels of our world. Because Rosh Hashanah and Shabbat both connect us to

"bigger things," we welcome them together with a responsive reading that reflects on the enormity of nature and how stunning it is.

Psalm 104 Reinterpreted

(Adapted from the traditional text by Rabbi Jeffrey Falick)

Reader:

When we peer at the sky it looks as if it were spread like a tent cloth, below it the clouds, chariot-like, moving on the wings of the wind...

All:

The moon and the sun mark our days and our nights.

Reader:

Circadian rhythms bring forth the beasts of the forest who at night seek their prey.

All:

When the sun rises, they return to their places of rest as humans begin their day.

Reader:

There is the sea, vast and wide, with its creatures beyond number, living things great and small.

AII:

How many are the marvels that are found upon earth! How full is the earth with life!

A Kavvanah

Leader:

As we prepare to mark the separate time that makes Shabbat and Rosh Hashanah distinct from the ordinary time of the week, let's recite together this *kavvanah*, a statement to focus our attention as we mark the beginning of the holiday:

Reader leads All:

I honor the gift of stillness and rest: a day devoted to peace.

Peace within – on this day I have everything I need.

Peace with those around me – on this day I seek no quarrel or strife.

Peace of earth and sky, green trees and quiet water.

I give thanks that I am present in this world.

I celebrate existence -- the breath within me, the beating of my heart, the love that blesses my life.

Candles, Wine, and Challah

(For each, leader reads Hebrew, reader reads English):

N'varekh et ha-or ba-olam. N'varekh et ha-or ba-adam. N'varekh et ha-or shel Shabbat v'shel yom tov.

נְבָרֵךְ אֶת הָאוֹר בָּעוֹלָם. נְבָרֵךְ אֶת הָאוֹר בָּאָדָם. נְבָרֵךְ אֶת הָאוֹר שֶׁל שַׁבָּת וְשֶׁל יוֹם טוֹב.

Let us bless the light in the world. Let us bless the light in humanity. Let us bless the light of Shabbat and of the holiday.

N'varekh et borei p'ri ha-gafen.

ָנְבַרֶךְ אֶת בּוֹרֵאי פְּרִי הַגַּפֶן.

Let us bless those who create the fruit of the vine.

N'varekh et ha-motzi'im lechem min haaretz. ָנְבָרֵךְ אֶת הַמּוֹצִיאִים לֶחֶם מִן הָאָרֶץ.

Let us bless those who bring forth bread from the earth.

Song: L'kha Dodi ("Come, dear friend") / (לְכָה דּוֹדִי)

(Adapted from the traditional text by Rabbi Jeffrey Falick)

L'kha dodi likrat kalah p'nei shabbat n'kab'lah

ּלְכָה דּוֹדִי לִקְרַאת כַּלָּה, פְּנֵי שַׁבָּת נְקַבְּלָה.

Likrat Shabbat I'khu v'neilkha, ki et habrakha hi m'vi'ah, B'simcha, b'rina, u'v'tzahalah, p'nei Shabbat n'kab'lah. לְקְרֵאת שַׁבָּת לְכוּ וְנֵלְכָה, כִּי אֶת הַבְּּרָכָה הִיא מְבִיאָה בְּשִׂמְחָה בְּרָנָה וּבְצָהֱלָה, פְּנֵי שַׁבָּת נְקַבְּלָה.

Come, let us go to greet the bride, to welcome Shabbat.

Come, let's go to greet Shabbat because of the blessing it brings –

With happiness, gladness, and joy, let us welcome Shabbat.

Affirming Our Values

Leader:

The focus for Humanistic Jews on Rosh Hashanah is on reaffirming our values and preparing to work for the improvement of the world. We do so tonight by singing *Eifo Ori*, written by the founder of our movement, and by reciting a Humanistic *V'ahavtah*.

Song: Eifo Ori ("Where Is My Light?") / אַיפֹה אוֹרִי

(Rabbi Sherwin Wine; music by Abe and Mickie Mandel)

Eifo ori? Ori bi. Eifo tikvati? Tikvati bi. Eifo kochi? Kochi bi, v'gam bakh. (2x) אֵיפֹה אוֹרִי? אוֹרִי בִּי. אֵיפֹה תִּקְוַתִּי? תִּקְוַתִי בִּי. אֵיפֹה כֹּחִי? כֹּחִי בִּי, וְגֵם בַּרָ. (2x)

Where is my light? My light is in me.
Where is my hope? My hope is in me.
Where is my strength? My strength is in me – and in you. (2x)

Reader leads All:

Therefore, we strive to lead loving, compassionate lives With our heart, with our wisdom, and with our actions. These words we inscribe on our innermost heart. We aspire to practice them day and night, Teaching them diligently to our children Through our words and especially through our deeds So that the next generations learn to revere and celebrate life. (Adapted from the traditional text by Jon Dickman)

Welcoming Rosh Hashanah

For All That Has Kept Us Alive לְכָל שֶׁהֶחֶיָנוּ *L'khol Shehecheyanu Reader:*

This year, of all years, we have the good fortune to be alive and to be able to reach Rosh Hashanah and celebrate it in community. Let us together recognize and express appreciation for that with a *shehecheyanu* blessing.

Leader reads or sings to traditional melody:

N'varekh kol dor va-dor shehecheyanu v'kiyy'manu, v'higgi'anu la-z'man ha-zeh. Amen. נְבָרֵךְ כָּל-דּוֹר וָדוֹר שֶׁהֶחֶיָנוּ וְקִיְּמָנוּ, וְהָגִּיעֵנוּ לַזְמֵן הַזֶּה. אַמֵּן.

All read English translation of the Hebrew:

Let us bless each generation that gave us life, sustained us, and brought us to this time.

"Standing" up for and Acting on What We Believe - עַמִידַה

(Inspired by the Amidah blessings, Psalms 145:14 and 146:7-9, and Isaiah 6:3) (Rabbi Binyamin Biber)

Leader:

Since the Temple stood in Jerusalem, Jews, in a "standing" position, *amidah*, have idealized qualities which they attributed to their ancestors and deity. Whether literally or in spirit, please stand together now to proclaim our shared ideals and our will to act upon them.

Reader:

Let us remember those who have come before us, who have given us life, love, and our culture.

Leader:

Such is our *zikkaron chasdei imot v-avot* / זָּכָרוֹן חַסְדֵי אָמוֹת וְאָבוֹת, our remembrance of the kindness and merits of our mothers and fathers.

Reader:

Let us work together in mutual aid to benefit all.

Leader:

May we thus advance mutuality, *g'milut chasadim /* בְּמִילוּת חֲסָדִים – our best response to being parts of a vast and interdependent world.

Reader:

Let us be thankful for all that sustains us.

for all that gives us contentment and joy, compassion and understanding.

Leader:

May our efforts help bring such well-being to all who live on earth.

All:

Let us work for peace, shalom, שׁלוֹם in our relationships, our communities, and our world. Let us recognize and celebrate our differences to better live together on this one planet.

Let us work: to heal the sick and sustain health, to give to the weary strength and life renewed, to support those who have fallen, to uplift those bowed down, to free those in bondage, to abolish both greed and poverty, to repair and improve the world.

Leader:

Havah na'avod: הבה נעבוֹד: L'rappei cholim u-l'khalkeil b'riyut, לְרפּא חוֹלים וּלְכלְכּל בָּריאוּת, la-teit la-ayeif koach v'chayyim m'chudeshet, לתת לעיף כֹּח וחיים מחדשים, lismokh noflim. לָסְמוֹךְ נוֹפְלִים, l'zakeif k'fufim, l'hatir asurim, לִזְקוֹף כָּפוּפִים, לְהַתִּיר אֱסוּרִים, I'vatteil gam betza v'gam oni, ָלְבַטֵּל גַּם בֶּצֵע וגַם עֹנִי, l'takein et ha-olam. ַלְתַקָּן אֶת הַעוֹלַם.

Hope for Healing

Leader:

Let us take a moment to bring to mind those in need of healing, as well as those who provide help, essential services, and healing in this historical moment, one that is dangerous to the helped and the helper alike.

מֶחֶבְרוֹתֵנּוּ,

M'kom ha-ko'ach b'tocheinu, m'korot ha-מְקוֹם הכּוֹחַ בְתוֹכֵנּוּ, מְקוֹרוֹת הַבְּרֵכֵה b'racha meichevroteinu

May the source of strength that dwells so deep within us Help us find the courage to make our lives a blessing and

let us say: Shalom.

M'kom ha-ko'ach b'tocheinu, m'korot hab'racha meichevroteinu

מְקוֹם הכּוֹחַ בְתוֹכֵנּוּ, מְקוֹרוֹת הַבְּרָכָה מֵחֶבְרוֹתֵנּוּ,

Bless those in need of healing with the renewal of body, the renewal of spirit and let us say: Shalom.

(Debbie Friedman, adapted by Rabbis Jeffrey Falick, Miriam Jerris, and Adam Chalom)

Remembering Our Losses

Leader:

As we approach the close of our service welcoming Shabbat and the holiday, we stop to remember those whom we've lost with our Kaddish for this evening. If you have recently lost a loved one – family member or friend – or feel the absence of someone particularly acutely today, please feel free to share that person's name in the "Chat" box if you'd like the name read aloud this evening.

ָנְתְגַּדֵּל וְנִתְקַדֵּשׁ בְּרוּחַ הָאָדָם. Nitgadal v'nitkadash b'ruach ha-adam.

Reader leads All:

Let us enhance and exalt ourselves in the spirit of humanity.

Let us acclaim the preciousness of life.

Let us show gratitude for life by approaching it with reverence.

Let us embrace the whole world, even as we wrestle with its parts.

Let us, each in our own way, take up our share in serving the world and seeking truth.

May our commitment to life help us to strengthen healing of spirit and peace of mind.

May healing and peace permeate and comfort all of Israel and all those who dwell on earth.

And let us say: kein yehi / בָּן יְהִי – may it be so.
(Jon Dickman and Congregation Kol Shalom, inspired by Rabbi Rami Shapiro)

Song: Na'aseh Shalom

(Adapted from the traditional text by Rabbi Sherwin Wine)

Na'aseh shalom ba-olam. Na'aseh shalom aleinu v'al kol ha-olam. V'imru shalom. נַעֲשֶׂה שָׁלוֹם בָּעוֹלָם. נַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל הָעוֹלָם. וְאִמְרוּ שָׁלוֹם.

Let us make peace in the world. Let us make peace for us, and for the entire world. And let us say, "Shalom – peace."

The Desirable Fast

(Adapted from Isaiah 58:6-7, 10)

Reader leads All:

This is the fast we must undertake: to break unjust fetters, to let the oppressed go free, to share your bread with the hungry and shelter the homeless poor.

If you do away with the yoke, the clenched fist, the wicked word, if you give your bread to the hungry and relief to the oppressed, your light will rise in the darkness.

Closing Song: Od Yavo Shalom/Salaam ("There Will Yet Be Peace")

(Mosh Ben-Ari)

Od yavo shalom aleinu Od yavo shalom aleinu Od yavo shalom aleinu Ve-al kulam.

עוֹד יָבוֹא שָׁלוֹם עֲלֵינוּ עוֹד יָבוֹא שָׁלוֹם עֲלֵינוּ עוֹד יָבוֹא שָׁלוֹם עֲלֵינוּ וְעַל כוּלָם!

Salaam Aleinu ve-al kol ha-olam Salaam, salaam.

סאלאם, עֲלֵינוּ וְעַל כָּל הָעוֹלָם סאלאם סאלאם סאלאם, עֲלֵינוּ וְעַל כָּל הָעוֹלָם סאלאם סאלאם

There will yet be peace for us, and for everyone.

Salaam – peace – for us and for the whole world.

Peace – salaam – peace!

Rosh Hashanah Morning – רֹאשׁ הַשָּׁנָה Renew – *L'chadeish* – לְחַדֵּשׁ

Leader:

Welcome and happy new year! *Shanah tovah*! We have come together – as family and friends, as congregation members and visitors, as people of diverse heritages – to join others throughout the world in celebrating Rosh Hashanah, New Year's Day in the Hebrew calendar, and the anniversary of the world's creation according to the Talmud (*Rabbi Eliezer, Tractate Rosh Hashanah 27a*).

All of us are here today because of our connection to the Jewish people through birth, choice, and association. As the first day of the Jewish year, Rosh Hashanah marks a turning point of hope between what was and what will be, between what is and what ought to be. We share with many a humanism that draws us together here in our common quest for moral self-assessment and self-correction.

As one year ends and another begins, we gather to each reflect upon our words and deeds, and to renew our commitments and efforts to improve ourselves and our world, to fulfill our human potential.

All:

We are here together today to celebrate another year of life and reflect on the year that is ending, on our milestones and our mistakes, our joys and our sorrows, on the lessons learned and the challenges and questions still to be faced.

(Rabbi Binyamin Biber)

Song: Hinei Mah Tov ("Behold, How Good!") / הְנֶה מַה-טוֹב

(Adapted from the traditional text of Psalm 133:1)

Hinei mah-tov u-mah na'im shevet amim gam yachad.

הָנֵה מַה-טוֹב וּמֵה נָּעִים שֶׁבֶת עַמִּים גַּם-יַחַד.

See how good it is – how pleasant – when peoples dwell together.

Breakout Discussion

(Because we are not meeting physically, we need to create connections to one another this holiday in different ways. Please join others in your breakout room and greet one another for the new year. If you're new to Machar, please introduce yourself – and if you've been part of Machar's community for a while, please welcome newcomers!)

Marking the Day

Why I Wake Early

(Mary Oliver)

Reader:

Hello, sun in my face.
Hello, you who make the morning and spread it over the fields and into the faces of the tulips and the nodding morning glories, and into the windows of, even, the miserable and crotchety—

best preacher that ever was,

dear star, that just happens to be where you are in the universe to keep us from ever-darkness, to ease us with warm touching, to hold us in the great hands of light—good morning, good morning, good morning.

Watch, now, how I start the day in happiness, in kindness.

Lighting the Candles

הַדְלָקַת נֵרוֹת

Hadlakat Neirot

(Rabbi Binyamin Biber; Hebrew by Rabbi Jeremy Kridel)

Leader reads or sings using traditional melody:

N'varekh et ha-or ba-olam. נְבָרֵךְ אֶת הָאוֹר בָּעוֹלֶם. N'varekh et ha-or ba-adam. בְּרֵךְ אֶת הָאוֹר בָּאָדָם. N'varekh et ha-or ba-(Shabbat u-va)yom tov. נְבָרֵךְ אֶת הָאוֹר בַּ(שַׁבָּת וּבַ)יּוֹם טוֹב.

All:

Let us bless the light in the world. Let us bless the light in humanity. Let us bless the light of (Shabbat and) this holiday.

(The candles are lit.)

Reader:

Just as candles radiate warmth and illumination, so too may we. Just as our forebears kindled such flames for themselves and us.

so too may we shine our lights for the present generations and those yet to come.

Since ancient times, Jews have gathered together on this day, lit ceremonial fires, sang and recited liturgy, celebrated the new year, and reflected on their lives.

All:

Today we remember all the times that we came together during the year with family and friends, to light candles and sing.

Together we remember times of joy and sorrow.

Together we contemplate how to live better lives.

Together we renew our covenant, our commitment to shared ideals.

For All That Has Kept Us Alive

לְכָל שֶׁהֶחֱיַנוּ

L'khol Shehecheyanu

Leader:

This year, of all years, we have the good fortune to be alive and to be able to reach Rosh Hashanah and celebrate it in community. Let us together recognize and express appreciation for that with a *shehecheyanu* blessing.

Leader reads or sings to traditional melody:

N'varekh kol dor va-dor shehecheyanu v'kiyy'manu, v'higgi'anu la-z'man ha-zeh. Amen.

נְבָרֵךְ כָּל-דּוֹר וָדוֹר שֶׁהֶחֶיָּנוּ וְקִיְּמָנוּ, וְהִגִּיעָנוּ לַדְּמָן הַזֶּה. אָמֵן.

All read English translation of the Hebrew:

Let us bless each generation that gave us life, sustained us, and brought us to this time.

Song: Heveinu Shalom Aleikhem / הֶבִיאנוּ שָׁלוֹם עַלֵיכֶם

(Traditional)

Heveinu shalom aleikhem. (3x) Heveinu shalom, shalom, shalom aleikhem. הבאינוּ שׁלוֹם עליכם. (3x) הבאינוּ שׁלוֹם, שׁלוֹם עליכם.

We bring greetings of peace for you.

Celebrating the New Year

Reader:

In most other festivals, the spirit is one of joy; yet Rosh Hashanah and Yom Kippur are imbued with a seriousness born of the sense of responsibility that each of us bears for our own life and ethical choices. These days are also different in that they are not nature festivals, nor do they commemorate an historical event. Rather, they are observed respectively as the ceremonial beginning and ending points for a period of intensive reflection when we each confront the negative consequences of our mistakes and misdeeds as we strive to make amends and turn a new page in our lives.

All:

Let us support, challenge, and help empower one another to foster such improvement.

Leader:

Let us celebrate this Rosh Hashanah, this "head" of the new year, by being mindful of how we help create the world in which we live. Let us begin this new year by cleansing our hands and our hearts, by correcting our mistakes and making amends with those we have hurt.

Let us value this day of celebration and reflection by striving to put our hearts into all we do, today and every day. Let us inaugurate this new year by being truly present and engaged, by reaching out to others, by lending a hand.

All:

Let us fill this new year with healing and growth, with joy and insight, with our efforts for the advancement of freedom, equity, and peace. (Rabbi Binyamin Biber)

Song: Shalom Aleichem / שַׁלוֹם עֲלֵיכֶם

(Adapted from the traditional text by Rabbi Jeffrey Falick and Rabbi Peter Schweitzer)

Shalom aleikhem, ohavei ha-shalom, shomrei shalom.

שָׁלוֹם עֲלֵיכֶם, אוֹהֲבֵי הַשָּׁלוֹם, שׁוֹמְרֵי שָׁלוֹם. שָׁלוֹם עֲלֵיכֶם, רוֹדְפֵי הַשָּׁלוֹם, שָׁלוֹם עֲלֵיכֶם. Shalom aleikhem, rod'fei ha-shalom, shalom aleikhem.
Bo'akhem I'shalom, ohavei ha-shalom, tzet'khem I'shalom.
Mi-yom zeh la-yamim ha-ba'im, shalom aleikhem.

בּוֹאֲכֶם לְשָׁלוֹם, אוֹהֲבֵי הַשָּׁלוֹם, צֵאתְּכֶם לְשָׁלוֹם. מִיּוֹם זֶה לַיָּמִים הַבָּאִים, שָׁלוֹם עֲלֵיכֶם.

Peace to you, who love peace – keepers of peace.

Peace to you, pursuers of peace – peace to you.

Come in peace, you who love peace – and depart in peace.

From this day and in all the days to come, peace to you.

"Beginners"

(Denise Levertov)

Reader:

We have only begun
To imagine the fullness of life.
How could we tire of hope? –
So much is in bud.

How can desire fail? –
We have only begun
To imagine justice and mercy,

All:

Only begun to envision How it might be To live as siblings with beast and flower, Not as oppressors.

Reader:

Surely our river Cannot already be hastening Into the sea of non-being?

Not yet, not yet – There is too much broken That must be mended,

Too much hurt that we have done to each other
That cannot yet be forgiven.
We have only begun to know
The power that is in us
if we would join
Our solitudes in the communion
of struggle.

AII:

So much is unfolding that must Complete its gesture.
So much is in bud.

Song: Machar / מָחָר

(Naomi Shemer)

Machar, in spite of gray and gloomy skies

Tomorrow will be clear and bright. *Machar*, we have a hope that never dies

That dawn will soon replace the night.

Sing for tomorrow is another day, Dream a dream that's free of care and sorrow.

Sing *machar*, let your heart lead the way,

And *machar* will be, and *machar* will be.

And *machar* will be a bright tomorrow!

(Machar means "tomorrow" in Hebrew.)

Let Us Love

(English reading inspired by the "V'Ahavta" - Devarim / Deuteronomy 6:5-9; Rabbi Binyamin Biber)

Leader:

Let us encounter all the world with appreciative and insightful love, deep and healing love, liberating and joyful love.
Let us rejoice in love and in the fertility it brings to the human experience.
Love expands our abilities to explore and express ourselves.
Love deepens our feelings of connectedness and individuality.
Love helps us reach across the boundaries of ego, class, creed, ethnicity, and nation.
Love heightens our senses of meaning, beauty, and wonder.

All:

Let us love all the world with all our heart, with all our soul, and with all our might.

Leader:

And these words will be upon our heart always.

Let us learn them by heart with our children, and let us speak them often - as we sit in our homes and walk along the way, as we lie down and rise up. Let us attach them as a sign to guide our minds and our hands.

Let us write them on *mezuzot* in our home as lessons.

Let us make our every deed a labor of love.

All:

Let it be words of love that we speak and live by, not words of gossip, ill-will, or cruelty – not words of *lashon ha-ra*, the evil tongue.

Song: Tzadik Ka-Tamar / צַדִּיק כַּתַּמַר

(Adapted from Psalm 92:13-16 by Rabbi Nehama Benmosche)

Tzadik ka-tamar yifrach K'erez ba-L'vanon yisgeh Sh'tulim b'olameinu B'chatz'rot sh'khunoteinu yafrichu

Od y'nuvun b'sevah D'shenim v'ra'ananim yih'yhu L'hagid ki yeish hamon d'rakhim V'darki y'sheirah u-m'leit ahavah.

The righteous will flourish like the date palm,
Grow tall like a cedar in Lebanon.
Planted in our world
They will blossom in the courtyards of our neighborhoods.

צַדִּיק כַּתָּמָר יִפְרַח כְּאֶרֶז בַּלְבָנוֹן יִשְׂגֶה שְׁתוּלִים בּעוֹלָמֵינוּ בָּחַצָרוֹת שָׁכוּנוֹתִינוּ יַפְרִיחוּ.

עוֹד יְנוּבוּן בְּשֵׂיבָה דְּשֵׁנִים וְרַעֲנַנִּים יִהְיוּ לְהַגִּיד כִּי יֵשׁ הַמוֹן דְּרָכִים וְדָרְכִּי יְשֵׁרָה וּמְלֵאת אַהֲבָה.

They will bear fruit in their old age. They will be green and fresh, Saying: there are many paths, And my path is filled with love.

"Prospective Immigrants Please Note"

(Adrienne Rich)

Either you will go through this door or you will not go through.

If you go through there is always the risk of remembering your name.

Things look at you doubly

and you must look back and let them happen.

If you do not go through it is possible to live worthily

to maintain your attitudes to hold your position

to die bravely

at what cost who knows?

but much will blind you, much will evade you, The door itself makes no promises. It is only a door.

Adrienne Rich commented:

I think in this poem, what I am talking about is the choice that we can make, to move deeper into things, or simply to live worthily, maintain your attitudes, hold your position, even die bravely, but not to see what might have been seen. Not to grasp what might have been grasped. And that is a choice, for us all, whether in poetry or in life.

Breakout Discussion

(Discuss what you bring into this new year – good and bad – and the challenges you think you face moving forward. Did "Prospective Immigrants" resonate with your thinking about those challenges – and if so, how?)

Our Community's Speaker

The Shofar for the New Year

Leader:

Three times each day, many Jews recite a verse that says *t'ka b'shofar gadol l'cheiruteinu*, "blow the great shofar for our freedom." Today, let the shofar be blown to make us aware of our power to work for our own freedom and to call us to take our first steps through the threshold into this new year.

Let the *t'kia* strike our ears תְּקִיעָה *Shevarim*: our complacency is broken שְׁבָרִים We respond to the alarm, *t'ruah* תְּרוּעָה For this moment will pass all too soon.

Hope for the New Year

A Blessing for Children

(Inspired by Numbers 6:24-26; Rabbi Binyamin Biber)

(Parents and others together offer this blessing to children who are present. Parents customarily place their hands on their children's heads during this blessing.)

Reader:

Just as we remember our loved ones past and celebrate the best in the lives they led, so too do we have hope for our children and all who will yet be born into this world.

All:

We bless you and watch over you with our love, and we hope that your learning and good deeds bring you joy and long life. May you help others and be an example to all, just as others help you and show you the paths of goodness. May the best within you shine forth with compassion, and may you always lift up your face to meet others in peace.

Reader:

As we hope for peace in the world, we must commit ourselves to working for peace. While force may sometimes be necessary to defend ourselves, we also know that violence and war are not able to solve humanity's problems, as they themselves are parts of our moral failings. Let us renew in our deeds the words of the ancient Hebrew prophets Isaiah and Micah, who taught that: "Nation shall not raise up sword against nation, neither shall they any more learn war."

Leader:

A song of peace written after the Six Day War of 1967 imagined a better year ahead in which the sounds of birds singing and children playing replace the din of war. Please now join in singing that song of peace "Ba-Shanah Ha-Ba'ah."

Song: Ba-Shanah Ha-Ba'ah / בַּשָּׁנָה הַבָּאָה

(Ehud Manor)

Ba-shanah ha-ba'ah neisheiv al hamirpeset, V'nispor tzippurim nod'deot. Y'ladim b'chufshah y'sachaku tofeset Bein ha-bayit l'vein ha-sadot

Od tir'eh, od tir'eh

בַּשָּׁנָה הַבָּאָה נֵשֵׁב עַל הַמִּרְפֶּסֶת וְנִסְפּוֹר צִיפּוּרִים נוֹדְדוֹת. יְלַדִים בּחוּפְשָׁה יְשָׂחֲקוּ תּוֹפֶּסֶת בֵּין הַבַּיִת לְבֵין הַשַּׁדוֹת.

עוֹד תָרְאֶה, עוֹד תִרְאֶה

Ka-mah tov yih'yeh Ba-shanah, ba-shanah ha-ba'ah

כַּמָּה טוֹב יִהְיֶה בַּשָּׁנָה, בַּשָּׁנָה הַבָּאָה.

Soon the day will arrive, when we will be together, And no longer will we live in fear. And the children will play, Without wond'ring whether On that day dark new clouds will appear.

Wait and see, wait and see, What a world there can be, If we care, if we share, you and me. What and see, wait and see, What a world there will be, If we care, if we share, you and me.

"The Head of the Year"

(By Marge Piercy, from The Art of Blessing the Day)

Leader:

The Moon is dark tonight, a new moon for a new year. It is hollow and hungers to be full. It is the black zero of beginning.

Reader:

Now you must void yourself of injuries, insults, incursions. Go with empty hands to those you have hurt and make amends.

All:

It is not too late. It is early and about to grow. Now is the time to do what you know you must and have feared to begin.

Leader:

Your face is dark too as you turn inward to face yourself, the hidden twin of all you must grow to be.

Reader:

Forgive the dead year. Forgive yourself. What will be wants to push through your fingers. The light you seek hides in your belly.

All:

The light you crave longs to stream from your eyes. You are the moon that will wax in new goodness.

Closing Song: L'Shanah Tovah U-M'tukah!

"To a Good and Sweet Year!" / לְשָׁנָה טוֹבָה וּמְתוּקָה

Rosh Hashanah Morning – רֹאשׁ הַשָּׁנָה Remember – *Lizkor* – לִזְכּוֹר

Leader:

"That life is both fleeting and uncertain is a truth that presses upon the mind with special force as the old year ends and the new begins. Time speeds on and we go with it, and though we have seen the year close, we can never be sure of seeing the end of the new. Since life is so fleeting and frail, we must begin the serious use of it at once, and begin it by entering upon the task of self-examination and self-ennoblement which is its essential preliminary. A new year, say the rabbis, should inaugurate new life."

(Rabbi Morris Joseph)

All:

Let us consider the limited time we have on earth and use it wisely.

Let us create value in each of our days.

May we use with diligence and foresight our span of time.

May we cherish and steward the best legacies of generations past, and, through our own deeds, contribute to generations present and future.

Generation upon generation – *dor va-dor* – may we cultivate the virtues that shine forth the highest qualities of our shared humanity and elevate the human experience. (*Rabbi Binyamin Biber*)

Reader:

"There are those who now look back in complacency and indifference, who accept the fruits of the long journey but ignore the bitter costs of liberation and its lessons in tenacity and endurance. They are the strangers and the road passes them by. There are others who look back in gratitude and humility, who remember that few present blessings have been won without the sacrifices of the past, who continually re-evaluate the spiritual and cultural treasures that the travail of the journey has produced. These are the true heirs of the generations, and for them the long and agonizing journey has been worthwhile." (Howard Sachar)

"Each of Us Has a Name"

(Marcia Falk (adapted))

Each of us has a name given by our birth

and given by our parents

Each of us has a name given by our stature and our smile and given by what we wear

Each of us has a name given by the mountains and given by our walls

Each of us has a name given by the stars and given by our neighbors

Each of us has a name given by our sins and given by our longing

Each of us has a name given by our enemies and given by our love

Each of us has a name given by our celebrations and given by our work

Each of us has a name given by the seasons and given by our blindness

Each of us has a name given by the sea and given by our death.

Song: Dust

(Renee Weitzner; music by Lea Morris)

Dust is everywhere.
Can't escape it, no matter how
Hard I try.
Questions arise like dust,
Sometimes without answers.

Why do we object to it so much?
Does it enter our bloodstream?
Does it enter our DNA?
What harm can it do? Is it safe
For us to breathe?
Why do we want to wipe it away, and
Quickly?
Where does it come from?

What could we do with it that we Are not doing?
Where we are going we will undoubtedly
Return to that state of Dust.
When we object to dust,
What are we really saying?

What really scares us?
Our mortality? Our end?
The fact that we will all end up as Dust?
Possibly. Probably.

Mourner's Kaddish

קַדִּישׁ יָתוֹם hi Pinyamin Pi **Kaddish Yatom**

(Rabbi Binyamin Biber)

Leader:

As we now remember our loved ones – and so many others – who have died,

let us recite together an affirmation of our "dedication," our *kaddish*, to life and its improvement.

(You may rise, if you wish)

Reader:

Let us recall each person of blessed memory in all their humanity, with all their strengths and limitations.

Let us honor and learn much from the best in the legacies of our loved ones past for the sake of all those who now live and for the sake of all those who will yet come to live in this world.

Thus, let us stretch ourselves to reach for greatness and let us dedicate ourselves in the name of the living multitudes of this world.

Leader (reads Hebrew equivalent of the English sentence above):

Nitgaddeil v'nitkaddeish נָתְגַדֵּל וְנָתְקַדֵּשׁ b'sheim ribbuyei ha-chayyim ba-olam ha-בָּשֵׁם רָבּוּיֵי הָחַיִּים בָּעוֹלֶם הַדֶּה.

All:

May it be our heart's desire to work for healing and equity, for freedom and peace — to cultivate these in our lives, and in our days, and in the lives of everyone in the world, swiftly and soon.

Leader (reads Hebrew equivalent of the English passage above):

T'hei masat libbeinu

וֹלְפְעוֹל לְמַעַן רְפּוּאָה וְצֶדֶק, לְפְעוֹל לְמַעַן רְפּוּאָה וְצֶדֶק, לְפְעוֹל לְמַעַן רְפּוּאָה וְצֶדֶק, היוֹניוּ וְשָׁלוֹם – בּחַיֵּינוּ, וּבִימֵינוּ, וּבִימֵינוּ, וּבִימֵינוּ, u-v'chayyei kulam ba-olam, ba'agala u-vizman kariv.

T'hei masat libbeinu

if cְפָּעוֹל לְמַעַן רְפּוּאָה וְצֶדֶק, וְצֶדֶק, וְצֶדֶק, וְצֶדֶק, וְצֶדֶק, וְצֶדֶק, וּצֶדֶק, וְצֶדֶק, וּבְימֵינוּ, וּבִימֵינוּ, וּבִימֵינוּ, וּבְימֵינוּ, וּבְימֵינוּ, וּבְימֵינוּ, וּבְימֵינוּ, וּבְימֵינוּ, בּעוֹלֶם, וּצַעְגֶלָא וּבְזמֶן קָרִיב.

V'havah nomar: "Amein."

All:

And let us say: "Amen" / "אָמֵן" Let us bless and praise the memories of our loved ones with our actions.

Leader (reads Hebrew equivalent of the last English line above):

N'vareikh u-n'shabbe'ach otam.

ַנְבָרֵךְ וּנְשַׁבֵּחַ אוֹתָם.

All:

Let us remember them in their glory and at their heights.

Leader (reads Hebrew equivalent of the English sentence above):

Nizkor otam נְזְכּוֹר אוֹתָם

b'tiferet u-v'romemut shellahem.

בָּתֶפֶּרֶת וּבָרוֹמֵמוּת שֶׁלַּהֶם.

All:

May we carry on the best elements of their lives with splendor.

Leader (reads Hebrew paraphrase of the English sentence above):

Nissa b'hadar.

ָנְשָׂא בְּהָדָר.

All:

May we ascend in the shining examples of their praiseworthy deeds.

Leader (reads Hebrew paraphrase of the English sentence above):

Na'aleh b'divreihem l'halleil

נַעַלֵה בָּדַבְרִיהֶם לְהַלֵּל.

All:

Even as we speak, we know that the value of each life exceeds all that can be expressed in blessings or in songs, in praises or in words of consolation.

Leader (reads Hebrew paraphrase of the English sentence above):

Kodesh ha-nefesh oleh min kol b'rakhot o shirim. sh'vachim o nechamot. קוֹדֶשׁ הַנָּפֶשׁ עוֹלֶה מִן כָּל

בְּרָכוֹת אוֹ שִּׁירִים, שְׁבָחִים אוֹ נֶחָמוֹת.

Song: Na'aseh Shalom

(Adapted from the traditional text by Rabbi Sherwin Wine)

Na'aseh shalom ba-olam. Na'aseh shalom aleinu v'al kol ha-olam. V'imru shalom. נַעֲשֶׂה שָׁלוֹם בָּעוֹלָם. נַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל הָעוֹלָם. ואמֵרוּ שׁלוֹם.

Let us make peace in the world.

Let us make peace for us, and for the entire world.

And let us say, "Shalom – peace."

Reader:

We recognize that making peace is our responsibility, today and every day. We recognize as well that marking our losses in community furthers our own hope for peace in our lives.

We miss those we have lost, and commit ourselves to working for a better world in their memories.

Let us remember their righteousness as a blessing: *Nizkor tzedakah liv'rakhah.*

נְזְכּוֹר צְדָקָה לִבְרָכָה.

All:

Amen / אָמֵן.

Rosh Hashanah Morning – רֹאשׁ הַשָּׁנָה Resolve – *L'Hachlit* – לָהַחָלִיט

Leader:

We welcome those joining us for our second Rosh Hashanah service of the day. *Shanah tovah!*

As we enter a new year, we find new possibilities and face new challenges – many of them shaped by the year just finished.

We also find many of the limits and challenges of the year past.

The new year does not wipe away the world that was.

Song: Hinei Mah Tov ("Behold, How Good!") / הְנֶה מָה-טוֹב

(Adapted from the traditional Psalm 133:1)

Hinei mah-tov u-mah na'im shevet amim -הַנֵּה מַה-טוֹב וּמַה נָּעִים שֶּׁבֶת עַמִּים גַּם gam yachad.

See how good it is – how pleasant – when peoples dwell together.

Reader:

Our opening song, *Hinei Mah Tov*, reflects on how good it is to dwell together – *shevet amim gam yachad*.

As we greet one another – or greet one another once again! – we consider what is new, and what is not. We dwell together. What challenges for the coming year do we share?

Breakout Discussion

Affirming Human Diversity and Unity

A Humanistic Shema

ישְׁמַע״ הוּמָנִסְטִי

"Shema" Humanisti

(Inspired by the "Sh'ma" – D'varim / Deuteronomy 6:4) (Rabbi Binyamin Biber)

Leader:

We dwell together and share our challenges, a reminder that we are different and vet have shared needs and destinies. We will affirm what we share and our differences now with a Humanistic Shema.

Please feel free to join along as we sing the traditional melody:

Shema Yisrael im kol shonuteinu kol ha-adam echad. Kulanu na'avod l'takkein et ha-olam ha-zeh. לתקן את העולם הזה.

All:

Hear, O Israel, with all our diversity, all humanity is one. Together let us all work to improve this world.

"V'ahavta" Humanisti A Humanistic V'ahavta ״וְאהבָתּ״ הוּמנסָטי (Adapted from the traditional text by Jon Dickman)

All:

Therefore, we strive to lead loving, compassionate lives With our heart, with our wisdom, and with our actions. These words we inscribe on our innermost heart. We aspire to practice them day and night, Teaching them diligently to our children Through our words and especially through our deeds So that the next generations learn to revere and celebrate life.

Song: Eifo Ori ("Where Is My Light?") / אַיפֹה אוֹרִי

(Rabbi Sherwin Wine; music by Abe and Mickie Mandel)

Eifo ori? Ori bi. Eifo tikvati? Tikvati bi. Eifo kochi? Kochi bi, v'gam bakh. (2x)

איפה אורי? אורי בּי. איפה תקותי? תקותי בי. איפה כֹּחִי? כֹּחִי בִּי, וְגֵם בַּרָ. (2x)

שָׁמֵע יִשְׂרָאֵל

כוּלנוּ נעבוֹד

עם כּל שׁוֹנוּתנוּ

ַכל האדם אֱחד.

Where is my light? My light is in me. Where is my hope? My hope is in me.

Where is my strength? My strength is in me – and in you. (2x)

<u> Amidah - "Standing" up for and Acting on What We Believe - עַמִידָה</u>

(Inspired by the Amidah blessings, Psalms 145:14 and 146:7-9, and Isaiah 6:3) (Rabbi Binyamin Biber)

Leader:

Since the Temple stood in Jerusalem, Jews, in a "standing" position, *amidah*, have idealized qualities which they attributed to their ancestors and deity. Whether literally or in spirit, please stand together now to proclaim our shared ideals and our will to act upon them.

Reader:

Let us remember those who have come before us, who have given us life, love, and our culture.

Leader:

Such is our *zikkaron chasdei imot v-avot* / זְּכָּרוֹן חַסְדֵי אָמוֹת וְאָבוֹת, our remembrance of the kindness and merits of our mothers and fathers.

Reader:

Let us work together in mutual aid to benefit all.

Leader:

May we thus advance mutuality, *g'milut chasadim /* בְּמִילוּת חֲסָדִים – our best response to being parts of a vast and interdependent world.

Reader:

Let us be thankful for all that sustains us, for all that gives us contentment and joy, compassion and understanding.

Leader:

May our efforts help bring such well-being to all who live on earth.

All:

Let us work for peace, *shalom*, שָׁלוֹם — in our relationships, our communities, and our world. Let us recognize and celebrate our differences to better live together on this one planet.

Let us work: to heal the sick and sustain health, to give to the weary strength and life renewed, to support those who have fallen, to uplift those bowed down, to free those in bondage, to abolish both greed and poverty, to repair and improve the world.

Leader:

Havah na'avod:
בּבָה נַעְבוֹד:
בּירִמּף נַלְכַלְכֵּל בְּרִיאוּת, לְרַפֵּא חוֹלִים וּלְכַלְכֵּל בְּרִיאוּת, הוֹלִים וּלְכַלְכֵּל בְּרִיאוּת, הוֹלִים וּלְכַלְכֵּל בְּרִיאוּת, הוֹלִים וּלְכַלְכֵּל בְּרִיאוּת, וּלְעָיֵף כֹּחַ וְחַיִּים מְחֻדָּשִׁים, וּלְתַדְּשִׁים, וּלִים מְחָדָשִׁים מְחָדָשִׁים מְחָדָשִׁים מְחָדָשִׁים מְחָדָשִׁים מְחָדָשִׁים, וּלִים מְּלִים, וּלִים מְּנִים, לְהַתִּיר אֲסוּרִים, וּלִים מִּנִים, לְהַתִּיר אֲסוּרִים, וּלִים מִּנִים, לְהַתִּיר אֲסוּרִים, וּלִים מִּנִין וְנִם עִנִי, וּלִמָּל גַּם בְּצַע וְנֵם עֹנִי, וּלֹמְבּים לִנִי, וּלִמּל הַבּים לִנִי, וּלִמּל הַבּים לְּבַשֵּל גַּם בְּצַע וְנֵם עֹנִי, וּלֹמְבּים וּלִמּל וּלִים וּלִמָּת פוֹל, וּלִבְים וּלִמּים, וּלִמָּת פוֹל, וּלִבְים וּלִנִים, בְּצַע וְנֵם עֹנִי, וּלִמָּת הָעוֹלָם.

Hope for Healing

Leader:

It is traditional to include in the *Amidah* mention of those who are ailing and to express hope for their complete healing, *refu'ah* sh'leimah. We know that illness can take many forms, and thus we hope for healing as each person needs it, when they need it.

Let us take a moment to bring to mind those in need of healing, as well as those who provide help, essential services, and healing in this historical moment, one that is dangerous to the helped and the helper alike.

M'kom ha-ko'ach b'tocheinu, m'korot hab'racha meichevroteinu

מְקוֹם הכּוֹחַ בְתוֹכֵנּוּ, מְקוֹרוֹת הַבְּרָכָה מֵחֶבְרוֹתֵנּוּ,

May the source of strength that dwells so deep within us Help us find the courage to make our lives a blessing and let us say: Shalom.

M'kom ha-ko'ach b'tocheinu, m'korot hab'racha meichevroteinu מְקוֹם הכּוֹחֵ בְתוֹכֵנּוּ, מְקוֹרוֹת הַבְּרָכָה מֵחֵבִרוֹתֵנּוּ,

Bless those in need of healing with the renewal of body, the renewal of spirit and let us say: Shalom.

(Debbie Friedman, adapted by Rabbis Jeffrey Falick, Miriam Jerris, and Adam Chalom)

<u>Amidah – Rosh Hashanah Additions</u>

A Kavvanah ("Intention")

Leader:

As we begin to turn our attention to the core message of this time of year – of falling short and resolving to improve our actions, our selves, and our world – we offer this *kavvanah*, this focus for our thoughts, based upon lines from Psalm 19, which many people recite at the end of the *Amidah*:

I'm surrounded by imperfection.

Everyone I know falls short
of my exacting standards.

Sometimes I wonder what it would be like
if all of them were acceptable to me:
the words of their mouths
and the meditations of their hearts.

Maybe then I'd finally find peace.

(From the Central Conference of American Rabbis' Mishkan HaLev, p. 75)

Let Us Acknowledge the Power - וַנְתנֶה תֹקֶף - U-N'tanneh Tokef

("Let Us Acknowledge the Power" of this day to remind us that all human beings are the co-authors of the "Book of Life")

Leader:

"On Rosh Hashanah it is written, on Yom Kippur it is sealed": this phrase lies within Jewish liturgy deeply embedded into both Rosh Hashanah and Yom Kippur, the long poem called *U-n'tanneh Tokef*. It imagines a "book of life," *Sefer Ha-chayyim*, into which our deeds are written and, ultimately, our fates are sealed. (*Talmud*, *Tractate Rosh Hashanah 16b*)

Reader:

We are, our tradition recognizes, the ultimate authors of the mythic Book of Life – not by divine act as the poem imagines, but by our own deeds for good or ill.

Song: "Chicago" (Sufjan Stevens, adapted by Sue Zwicker)

I made a lot of mistakes. (4x)

I need to let go All things go, all things go I ask for forgiveness
All things grow, all things grow
We had our mindset

All things know, all things know We had to find it All things go, all things go

Leader (reads beginning of the U-N'tanneh Tokef in Hebrew and English):

U-n'tanneh tokef k'dushat ha-yom.

וּנְתַנֶּה תֹּקֶף קְדֻשַּׁת הַיּוֹם כּי הוּא נוֹרא וָאיוֹם.

Ki hu nora v'ayom.

"Let us acknowledge the distinct power of this day, For it is awesome and fearful."

Reader:

This ancient poem wonders what will happen to us over the coming year: "who will live and who will die: who after a long life, who before their time; who by fire, and who by water"?

The modern poet wonders: "who in the sunshine, who in the nighttime, who by high ordeal, who by common trial"? (Leonard Cohen)

Leader:

Tradition tells us three things alleviate the severity of the day's decrees: *teshuvah* – repentance; *tefillah* – introspection; and *tzedakah* – righteous action.

Reader:

These three are one: we must first look to ourselves, then change our actions. These two tasks – introspection and righteous action – produce the improvement we seek: repentance. They alleviate the harshness of the decree not because they change our common fate, but because they change the lives we live while we are here.

As the ancient rabbi, Reish Lakish, is reported to have said: "Great is repentance, for it transforms one's deliberate sins into merits" (Babylonian Talmud, Tractate Yoma 86b).

Leader:

U-v'shofar gadol yittaka. V'kol d'mamah dakkah yishama.

וּבְשׁוֹפָר נָּדוֹל יִתָּקַע. וְקוֹל דְּמָמָה דַקָּה יִשָּׁמַע.

All:

"A great shofar will be sounded, and a still, small voice will be heard."

Do we hear not only the shofar's loud call to renewal, but the still, small voice calling us to resolve to work for a better life and a better world?

Leader:

As we consider our actions during the prior year, good and bad, what seems most daunting to address – what seems most distinct, awesome, and fearful to correct?

Our Community's Speaker

Breakout Discussion

(Share with one another what changes you plan to make, what changes you need to make, and what changes seem too frightening or difficult to make.)

Song: Tz'rikhim Anachnu Tzedakah V'Chesed

(Rabbi Sherwin Wine, adapted from traditional)

Tz'rikhim anachnu L'taheir libeinu Tz'rikhim anachnu l'taheir libeinu Ki ein banu maspik ma'asim

T'hi imanu Tz'dakah va-chesed T'hi imanu tz'dakah va-chesed V'yshu'ah hadadit.

We need to purify our hearts, For we have not done enough good deeds. צְרִיכִים אֲנַחְנוּ לְטַהֵר לָבֵּינוּ צְרִיכִים אֲנַחְנוּ לְטַהֵר לִבֵּינוּ כִּי אֵין בַּנוּ מַסְפִּיק מֵעֵשִׂים

תְּהִי עִמָנוּ צְדָקָה וַחֶסֶד תְּהִי עִמָנוּ צְדָקָה וַחֶסֶד וִיְשׁוּעָה הָדָדִית.

May righteousness and lovingkindness be with us And lead to mutual deliverance from harm.

The "Sovereignty" Verses

מַלְכֻיּוֹת

Malkhuyyot

(Rabbi Binyamin Biber)

Leader:

Humanity has long cherished enduring ideals of a just order transcending the misrule of tyrants and the sorrows that flow from our own misjudgment and misdirection.

Reader:

Rosh Hashanah is also called Yom ha-Din – יוֹם הַדִּין – "The Day of Judgment" (Talmud, Berakhot 12b). We gather to observe this day as one dedicated to human self-examination, self-judgment, and self-correction. We make this season one of moral renewal as we begin the new year together by each of us acting as the author of our own becoming, and inscribing our hopefully everimproving selves into a metaphorical Book of Life.

Leader:

Aleinu – עָלִינו: It is upon us – it is our responsibility – together to cultivate and sustain progress in this world using our evolving capacities for human self-determination and harmony.

All:

We here are connected with the peoples of all other lands, all the families of the Earth. Our lot is the same as theirs, thus we must stand together for equality, liberty, and peace. The highest value is in the breath of life; nothing is more precious.

Reader:

"Man's plight would, indeed, be sad if he had to be kept in order through fear of punishment and hope of reward after death." (Albert Einstein)

All:

"Man must break his fetters which have chained him to the gates of heaven and hell, so that he can begin to fashion out of his reawakened and illumined consciousness a new world upon earth." (Emma Goldman, The Philosophy of Atheism, 1916)

Song: When I'm Gone

(Phil Ochs)

There's no place in this world where I'll belong, when I'm gone,
And I won't know the right from the wrong, when I'm gone,
And you won't find me singin' on this song, when I'm gone,

So I guess I'll have to do it while I'm here.

And I won't see the golden of the sun, when I'm gone,
And the evening and the morning will be one, when I'm gone,

And can't be singing louder than the guns, when I'm gone, So I guess I'll have to do it while I'm here.

All my days won't be dances of delight, when I'm gone,
And the sands will be shifting from my sight, when I'm gone,
And can't add my name into the fight, when I'm gone,
So I guess I'll have to do it while I'm here.

And I won't be laughing at the lies, when I'm gone,
And I can't question how or when or why, when I'm gone,
And can't live proud enough to die when I'm gone,
So I guess I'll have to do it, so I guess I'll have to do it,
So I guess we'll have to do it while we're here.

Shofar Service

(Rabbi Binyamin Biber)

Sounding the Shofar

תְּקִיעַת הַשּׁוֹפָר

T'kiat ha-Shofar

Leader:

Let us now listen to the voice of the shofar. Havah nishma kol shofar: הָבָה נִשְּׁמֵע קוֹל שׁוֹפֶר

עַלִינוּ :*Aleinu*

It is upon us - it is our responsibility – to strive to live up to these values.

In each of us may our conscience, enlightened judgment, and commitment be roused:

By the shofar's sustained "blast" of *tekiah* אָקיעָה By the "broken" notes of *shevarim* שָׁבָרִים By the staccato "alarm" of *teruah* אָרוּעָה And by yet another "blast of *tekiah* תַּקִיעָה

The "Remembrance" Verses זָּכְרוֹנוֹת Zikhronot

Reader:

Today is also called *Yom ha-Zikkaron* – יוֹם הַזִּכָּרוֹן - "The Day of Remembrance" (Hebrew Bible, Leviticus 23:24). Since antiquity this day has been a time for Jews and any who sojourn among them to remember both what is and what ought to be, both the real and the ideal, both their own words and deeds - good

and bad - and the moral covenant in which they cooperate for the improvement of the world, *tikkun ha-olam*. Such remembering drives our moral reckoning as we feel the vast gap between our vision of what we should do and what we have actually done.

All:

Today and everyday let us remember and act upon our human solidarity, compassion, and ideals that constitute our covenant for a better world.

Leader:

May the shofar awaken us to be ever mindful of our expansive covenant which reaches from our forebears to us and on to the many generations yet born.

> Tekiah תְּלִיּעָה קֿרוּעָה Tekiah תִּקִיעָה

The "Trumpet" Verses

שופרות

Shofarot

Reader:

Rosh Hashanah is also called *Yom T'ruah* – יוֹם תְּרוּעָה – "The Day of Sounding" the Shofar (Numbers 29:1). The primal blasts of the ram's horn trumpet have for thousands of years proclaimed the cycles of the years and months, the inaugurations of war and peace, new rulers, decrees, and freedoms, as well as calls to conscience, hope, and action. Today the shofar can still help move us, if we but choose to be so moved.

Leader:

"In the seventh month, on the first day of the month, you will have a day of rest dedicated to the remembrance of your deeds with the sounding of the shofar, a special assembly." (*Leviticus 23.24*)

All:

"Sound on the new moon the shofar, on the full moon of our festival day." (Psalm 81:4)

Reader:

Like the thunder on the mountain, let the shofar sound. Like strings and drums, reeds and cymbals, let us hear the music of its call. (Exodus 19:16; Psalm 150) Leader:

תְּקִיעָה Tekiah שָׁבָרִים Shevarim תִּקִיעָה Tekiah

Song: Ani v'Atah ("You and I") / אַנִי וָאַתַּה

(Arik Einstein)

Ani v'atah n'shaneh et ha-olam. Ani v'atah az yavo'u k'var kulam. Amru et-zeh kodem l'fanai, lo m'shaneh. Ani v'atah n'shaneh et ha-olam.

Ani v'atah n'nasei mei-hat'chalah. Yih'yeh lanu ra, ein davar, zeh lo nora. Amru et-zeh kodem l'fanai, lo m'shaneh. Ani v'atah n'shaneh et ha-olam.

You and I – we'll change the world. You and I – then they'll all join us. It's been said before, but it's no matter:

You and I – we'll change the world.

אֲנִי וְאַתָּה נְשַׁנֶּה אֶת הָעוֹלָם, אֲנִי וְאַתָּה אַז יַבוֹאוּ כְּבֵר כּוּלָּם, אַמְרוּ אֶת זֶה קוֹדֶם לְפָנַי, לֹא מִשַׁנֵּה - אֲנִי וְאַתַּה נִשְׁנֵּה אֵת הַעוֹלַם.

אֲנִי וְאַתָּה נְנַסֶּה מֵהַתְחָלָה, יִהְיֶה לָנוּ רַע, אֵין דָּבָר זֶה לֹא נוֹרָא, אָמְרוּ אֶת זֶה קוֹדֶם לְפָנַי, לֹא מְשַׁנֶּה - אֲנִי וְאַתָּה נְשַׁנֶּה אֶת הָעוֹלָם.

You and I – we'll try from the beginning. It will be tough, but so what? It doesn't matter. It's been said before, but it's no

matter: You and I – we'll change the world.

Kiddush

"Dedication" to Being an Open and Caring Community

Leader:

Among Jewish customs is the tradition of reciting a blessing over a cup of wine to mark the holiday, called *kiddush* – a dedication.

Lift this cup for the year that is gone.

For mountaintop moments and the taste of joy;
celebrations shared, milestones met,
all we've mastered and achieved since we last met.

For wedding rings, tears, and kisses; new babies, first words, and first steps; for the children who bless our homes and bring life to our community; for *b mitzvah* students and our futures: young teachers of this congregation; ours to cherish and guide with love.

For beloved spouses and partners and siblings; for loyal friends who grow more precious with each passing year; for this community, which nourishes us all.

For all we've learned, for all we've struggled through, for challenges surmounted and disappointments met with courage.

For last moments shared with those we loved and lost; for parents and grandparents and others whose memories are with us forever.

We lift life's cup and celebrate survival; so we may sanctify each day that is ours. (Mishkan HaNefesh for Rosh Hashanah, p. 79, adapted)

All:

Let us bless our lives and the new year by fostering community by sharing our joy, our spirit, and our bounty, by inviting visitors to join us, by welcoming the stranger, by caring for those in need.

Let us celebrate wine as a symbol of all that is good in the world.

Let us drink a toast with the fruit of the vine: "To Life!"

Leader (sings traditional melody):

N'vareikh et borei p'ri ha-gafen.

ָנָבַרֶךְ אֵת בּוֹרֵאי פָּרִי הַגַּפָן.

Let us bless those who create the fruit of the vine.

(Wine is sipped.)

Recognizing Today's Distinctness

Reader:

In addition to dedicating time, the *kiddush* recognizes that a holiday is distinct from the days around it. This Rosh Hashanah is different still because of the times in which we live.

Ordinarily, we'd be in a single place. As our service ended, we'd go and share challah, apples, honey, and other treats. Today, we are together in different places. Though we are separate, we are still here "in person":

What does it mean
To be "in person"?
Is it our body
on a map, in a building,
at a place?
Is that "in person"?
You can be
physically in person
and mentally wander
through imagination
into memory and
beyond walls.

"In person" must be more, and different.
Full presence, focus and calm, to think and to be.
We can be present in person from many places.

There is no one location to be in agreement.
There is no one place to be in love.
There is no one space to be in touch.

Why should place decree if we are in person or not?

Start the New Year intent introspective insightful inspired

and, wherever you are, in person.

(Rabbi Adam Chalom)

Closing the Service

Sounding the Shofar רָּקִיעַת הַשּׁוֹפֵּר *T'kiat ha-Shofar*

Leader:

Let us now listen to the voice of the shofar.

Havah nishma kol shofar: הָבָה נִשְּׁמֵע קוֹל שׁוֹפֶּר

Like a banner lifted high, it hearkens all the world to action for peace and freedom and compassion (Isaiah 15:3).

All:

Blow the shofar! Proclaim our search for understanding and healing!

Leader:

Tekiah תִּקִיעַה

All:

Blow the shofar! Proclaim our struggle for equity and freedom!

Leader:

Shevarim שְׁבָרִים

All:

Blow the shofar! Proclaim our commitment to peace and the planet!

Leader:

Teruah תָּרוּעַה

All:

May the shofar – which assembled ancient Israel in expectation of its challenges, fears and dreams – awaken each of us and draw us together to face our own in the coming year.

May we hear the shofar as our call to action!

Leader:

Tekiah Gedolah! תָּקִיעָה גְּדוֹלָה!

Farewell!

Leader:

We have come together here today, as the Jewish new year begins, to reconnect with each other and the extended family that is the Jewish people. We have celebrated progressive values and teachings which help us guide our lives and which we treasure as our heritage.

All:

We reflect on the imperative to improve ourselves and our community, our culture and our world. We are the stewards of a great legacy, and the trailblazers of a vital evolving civilization.

We reflect on all that for which we feel grateful in life, and look forward to the new year.

Leader:

May we respond with courage, determination, and urgency to life's challenges and its promise. May our deeds help make the new year good and sweet.

Closing Song: Od Yavo Shalom/Salaam ("There Will Yet Be Peace")

(Mosh Ben-Ari)

Od yavo shalom aleinu Od yavo shalom aleinu Od yavo shalom aleinu Ve-al kulam. עוֹד יָבוֹא שָׁלוֹם עֲלֵינוּ עוֹד יָבוֹא שָׁלוֹם עֲלֵינוּ עוֹד יָבוֹא שָׁלוֹם עֲלֵינוּ וְעַל כוּלָם!

Salaam Aleinu ve-al kol ha-olam Salaam, salaam. סאלאם, עֲלֵינוּ וְעַל כָּל הָעוֹלָם סאלאם סאלאם סאלאם, עֲלֵינוּ וְעַל כָּל הָעוֹלָם סאלאם סאלאם

There will yet be peace for us, and for everyone.

Salaam – peace – for us and for the whole world.

Peace – salaam – peace!

Happy New Year! Shanah Tovah! Gut Yor! Buen Anyu!

Tashlich and Havdalah – תַּשְׁלִיךְ וְהַבְדָלָה

Tashlich

Why Tashlich?

A medieval mystic, the *Shelach*, wrote that people can be trapped in bad deeds and bad ideas just "as fish are ensnared in an evil net" (Ecclesiastes 9:12) and are unable to free themselves. *Tashlich* reminds us of this by having us venture out to feed fish during a traditional season of repentance (*Shelach* at 214b).

Physical activity helps us learn and incorporate ideas into our lives that seem easy enough when we hear them but that are easy for us to lose track of. Taking time now to act out casting away negative thoughts, emotions, and experiences can help us later.

How to Do It

Find a body of water and toss breadcrumbs or other things – even lint from your pocket or bag! – into the water. Or participate in a cleanup activity, a "reverse tashlich" that helps *remove* unwanted items from the environment, instead of adding things we don't want into the environment. And you can do it with friends or family: much of Jewish life was designed to be lived at home and in the family, rather than at a synagogue or community center!

You can focus on specific problems you've had in the past year, or on specific things you want to improve, and perform the act of *tashlich*.

Together, we recite this poem before performing the act of *tashlich*:

Let this be our confession.

For the sin I committed

against you.

For the sins we've committed

against one another.

For indifference.

And for interference.

For minor slights.

And for outrageous affronts.

For forgetting.

And for reminding.

For ignoring.

And for pointing out.

Forgive me; pardon me - as I

pardon you.

After performing *tashlich* or reverse *tashlich*, we can recite a blessing to mark the day and an affirmation:

ָנְבָרֵךְ כָּל-דּוֹר וָדוֹר שֶׁהֶחֶיָנוּ וְקְיְּמַנוּ, וְהִגִּיעַנוּ לַיְּמָן הַזֶּה.

N'varekh kol dor va-dor shehecheyanu v'kiy'manu v'higiyanu la-z'man ha-zeh.

Let us bless each generation that gave us life, sustained us, and brought us to this time.

I have tossed out my mistakes and bad thoughts, And will not remain angry forever. I will forgive others with love, Just as I hope they will forgive me.

(You can do *tashlich* any time you feel the need for a ritual to help clear away bad thoughts or intentions – while traditionally *tashlich* is connected to the High Holidays, it's available as a tool for you to use whenever you need it.)

Havdalah

The Hebrew word *havdalah* means distinction: we use a *havdalah* ceremony to distinguish between the time of a holiday or Shabbat and ordinary time. For most Humanistic Jews, Rosh Hashanah ends after a single day, and often that coincides with Shabbat.

Today, we will recite *havdalah* blessings to mark the end of both Shabbat and Rosh Hashanah:

ָסַבְרִי חֲבֵרַי. נְבָרֵךְ אֶת בּוֹרְאֵי פְּרִי הַגָּפֶן. Savri chaveirai. N'varekh et ha-bor'ei p'ri ha-gafen.

With your permission, my companions, Let us bless those who create the fruit of the vine.

> ָנְשַׂמֵחַ בְּרֵיחַ הַבְּשָׂמִים. N'sameiach b'rei-ach ha-b'samim.

Let us rejoice in the scent of the spices.

ַּבֶּרוְּךְ הָאוֹר בַּמָּקוֹם הַזֶּה— וִיְהִי אוֹר בְּכֶל הָעוֹלָם. Barukh ha-or ba-makom ha-zeh—vi'yhi or b'khol ha-olam.

Blessed is the light in this place—and may there be light throughout the whole world.

As we finish the *Havdalah* blessings, we extinguish the candle in the cup of wine or juice.

Tonight, we will do one last act to mark the end of Rosh Hashanah: we will hear one final blow from the *shofar*: *tekia g'dolah*!

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With other liturgies for Secular Humanistic Jews, this is available through the "Holidays" link on our website: www.machar.org

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